

Ironbridge 4 – 1st July 2009

| Name | Position | Time | Category | Race Number |
|----------------|-----------------|-------------|-----------------|--------------------|
| Michael Elwell | 147 | 0:34:02 | MV55 | 92 |
| Ursula Elwell | 218 | 0:41:47 | FV55 | 96 |

Birmingham and Black Country Half Marathon – 1st July 2009

| Name | Position | Time | Category | Race Number |
|-----------------|-----------------|-------------|-----------------|--------------------|
| Steve Cleary | 15 | 1:32:22 | M u40 | 68 |
| Mark Perry | 68 | 1:39:51 | M u40 | 80 |
| Steve Amos | 142 | 1:47:04 | M u60 | 276 |
| Clive Bucknall | 289 | 1:57:51 | MV60 | 559 |
| Kristina Newton | 336 | 2:01:28 | F u60 | 226 |
| Jane Barrett | 458 | 2:11:57 | F u50 | 622 |
| Sarah Potter | 633 | 3:09:47 | F u30 | 621 |

Shifnal Steeplechase – 1st July 2009

| Name | Position | Time | Category | Race Number |
|---------------|-----------------|-------------|-----------------|--------------------|
| Angela Glover | 162 | 2:07:12 | FV40 | 156 |

Baggeridge 5K – 9th July 2009

| Name | Position | Time | Category | Race Number |
|------------------|-----------------|-------------|-----------------|--------------------|
| David Daniels | 9 | 0:20:04 | MV50 | 55 |
| Chris Pearson | 47 | 0:24:08 | MV50 | 201 |
| Catherine Mayall | 49 | 0:24:22 | FV35 | 80 |
| Michael Elwell | 63 | 0:25:28 | MV50 | 25 |
| Kristina Newton | 97 | 0:27:43 | FV50 | 68 |
| Ursula Elwell | 152 | 0:32:55 | FV50 | 26 |

Upton Standard Triathlon – 11th July 2009

| Name | Position | Total Time | Category | Race Number |
|-------------|-----------------|-------------------|-----------------|--------------------|
| Andrew Acha | 141 | 02:47:53 | M-VET | 333 |

Wyre Forest Half Marathon – 12th July 2009

| Name | Position | Time | Category | Race Number |
|----------------|-----------------|-------------|-----------------|--------------------|
| Richard Brooks | 38 | 01:42:07 | MV40 | 121 |
| Neil Hale | 64 | 01:48:10 | MV55 | 260 |
| Carolyn Kelly | 204 | 02:16:47 | SF | 1 |

Ergebnisse Quelle Challenge Roth (Ironman Triathlon) – 12th July 2009

| Name | Position | Total Time | Category | Race Number |
|----------------|-----------------|-------------------|-----------------|--------------------|
| John Batchelor | 2076 | 15:56:25 | M65 | 378 |
| Judith Bazeley | 270 | 14:40:56 | W30 | 366 |
| Simon Martin | 1358 | 11:35:54 | M40 | 2591 |
| Bob Pountney | 1828 | 12:53:10 | M40 | 2550 |
| Simon Williams | 2069 | 15:00:18 | M45 | 2733 |
| Mark Woodall | 1824 | 12:51:58 | M35 | 2727 |

Evesham Vale 10K – 12th July 2009

| Name | Position | Time | Category | Race Number |
|---------------|-----------------|-------------|-----------------|--------------------|
| Mark Phillips | 120 | 0:44:24 | M39 | 516 |
| Anthony Safe | 433 | 0:55:51 | M69 | 459 |

BRAT Aquathon – 12th July 2009

| Name | Position | Total Time | Category |
|---------------|-----------------|-------------------|-----------------|
| George Davies | 4 | 0:08:04 | Tristar 1 Male |

Summer Mid-week Series – Droitwich 10K – 15th July 2009

| Name | Position | Time | Category | Race Number |
|---------------|-----------------|-------------|-----------------|--------------------|
| David Daniels | 11 | 37.31 | M50 | 64 |
| Steve Cleary | 13 | 37.42 | MO | 73 |
| John Hood | 47 | 42.05 | M50 | 53 |
| Mark Perry | 60 | 43.17 | MO | 72 |
| Jordan Miller | 104 | 51.04 | MO | 79 |

Chasewater 10K – 19th July 2009

| Name | Position | Time | Category | Race Number |
|---------------|-----------------|-------------|-----------------|--------------------|
| Steve Amos | 69 | 45.49 | MV50 | 79 |
| Ursula Elwell | 240 | 60.45 | FV55 | 288 |

Chasewater 5K – 19th July 2009

| Name | Position | Time | Category | Race Number |
|-----------------|-----------------|-------------|-----------------|--------------------|
| Michael Elwell | 17 | 23.25 | M58 | 456 |
| Patricia Potter | 46 | 30.16 | F48 | 411 |

West Bromwich Harries 5K – 22nd July 2009

| Name | Position | Time | Category | Race Number |
|----------------|-----------------|-------------|-----------------|--------------------|
| Michael Elwell | 34 | 23:34 | MV50 | 424 |
| Ursula Elwell | 69 | 30:54 | FV55 | 405 |

Birmingham University Junior Triathlon – 26th July 2009

| Name | Position | Total Time | Category | Race Number |
|---------------|-----------------|-------------------|-----------------|--------------------|
| George Davies | 4 | 0:16:40 | Tristar 1 Male | 18 |