

CENTURION RC GRAND PRIX – 1st MARCH 2009

Name	Position	Time	Category	GP Pts
Michael Elwell	86	38.47	MV55	788
Ursula Elwell	122	49.35	FV55	779

FRADLEY 10k – 8th March 2009

Name	Position	Time	Category	Race Number
Steve Amos	177	0:45:07	MV50	5
Andrew Smith	390	0:53:12	MV40	302

STAFFORD 20 – 8th March 2009

Name	Position	Time	Category	Race Number
Brian Jones	164	2:40:11	SM	231
Mark Perry	210	2:48:27	SM	94

Gloucester 20 – 8th March 2009

Name	Position	Time	Category	Race Number
Gill Harper	381	3:08:17	F40	222

Peopleton Duathlon – 15th March 2009

Name	Position	Total Time	Category	Race Number
Jacqui Phillips	30	01:33:18	VETS	48
Mark Woodall	49	01:40:26	OPEN	28
Charlotte Whorton	56	01:44:00	JUNIOR	50
Mark Phillips	58	01:44:10	VETS	49

RHAYADER 20 – 21st March 2009

Name	Position	Time	Category	Race Number
Liza Duggan	229	3:07:20	FV40	588
Carolyn Kelly	272	3:15:53	SF	523

Milford 21 – 22nd March 2009

Name	Position	Time	Category	Race Number
Mark Perry	50	2.57.46	SM	15
Mark Woodall	51	2.58.42	SM	18
Brian Jones	56	2.59.20	SM	22
Richard Brooks	62	3.01.30	MV40	108

TREAT M.T. 8 – 22nd March 2009

Name	Position	Time	Category	Race Number
Paul Westwood	53	1:03:24	MV55	249

IRONBRIDGE HALF MARATHON – 22nd March 2009

Name	Position	Time	Category	Race Number
Neil Hale	134	1:40:14	MV50	619
Stephen Gaul	296	1:53:19	SM	308

