

**Birmingham and Black Country Half Marathon– 3rd July 2010**

<b>Name</b>	<b>Position</b>	<b>Total Time</b>	<b>Category</b>	<b>Race Number</b>	<b>Cat Position</b>
Aldo Mussi	86	01:37:30	M-40-49	138	
Steve Amos	197	01:47:24	M-50-59	225	
Sarah Collett	209	01:47:45	F-30-39	270	
Howard Price	305	01:54:03	M-40-49	498	
Clive Bucknall	394	01:58:32	M-60+	431	
Jane Barrett	615	02:10:22	F-40-49	637	

**Shifnal Steeplechase Half Marathon – 4th July 2010**

<b>Name</b>	<b>Position</b>	<b>Total Time</b>	<b>Category</b>	<b>Race Number</b>	<b>Cat Position</b>
Carolyn Kelly		1:55:17	FV35		1

**Hereford Triathlon – (400 yard swim / 15km bike / 5km run) – 4th July 2010**

<b>Name</b>	<b>Position</b>	<b>Total Time</b>	<b>Category</b>	<b>Race Number</b>	<b>Age Cat Pos</b>
Paul Orme	65	1.01.44			
Andy Morley	68	1.02.22			

**Rowheath Midsummer 5km Series, Rowheath - 8th July 2010**

<b>Name</b>	<b>Position</b>	<b>Total Time</b>	<b>Category</b>	<b>Race Number</b>	<b>Age Cat Pos</b>
Dave Daniels	42	18:55	MV50	534	1
Steve Cleary	55	19:26	MV35	541	

**TENBURY 10k – 8th August 2010**

<b>Name</b>	<b>Position</b>	<b>Total Time</b>	<b>Category</b>	<b>Race Number</b>	<b>Age Cat Pos</b>
Steve Amos	69	47.36	MV50	4	
Patricia Potter	152	66.20	FV45	5	

**Wyre Forest Half Marathon - 11th July 2010**

<b>Name</b>	<b>Position</b>	<b>Total Time</b>	<b>Category</b>	<b>Race Number</b>	<b>Age Cat Pos</b>
Neil Hale	72	1:52.55	MV55	208	5
Carolyn Kelly	131	2:10.24	FV35	160	

**Midsummer 6 - 11th July 2010**

<b>Name</b>	<b>Position</b>	<b>Total Time</b>	<b>Category</b>	<b>Race Number</b>	<b>Age Cat Pos</b>
Howard Price	34	50:43	MV40	801	

**Timberhonger 10k - 11th July 2010**

<b>Name</b>	<b>Position</b>	<b>Total Time</b>	<b>Category</b>	<b>Race Number</b>	<b>Age Cat Pos</b>
Steve Cleary	31	41:43	SM	340	

**Evesham Vale 10K - 11th July 2010**

Name	Position	Total Time	Category	Race Number	Age Cat Pos
Steve Amos	174	47:01	MV50	6	

**Frampton 10K, Frampton on Seven - 12th July 2010**

Name	Position	Total Time	Category	Race Number	Age Cat Pos
Mike Elwell	109	44:38	MV50	991	
Chris Pearson	113	44:53	MV60	966	3
Ursula Elwell	358	58:17	FV50	922	

**Moel Siabod fell race cat AS (5.8 miles 2,300 ft ascent) – Sat 17th July 2010**

Name	Position	Time	Category	Cat Position
David Malia	36	61.52	MV40	14

**Fairlands Valley Challenge LDWA (navigating) – Sat 18th July 2010**

Name	Position	Time	Category	Cat Position
Carolyn Kelly		4:16		

**Vic Musgrove Fast 5K, Telford – 21st July 2010**

Name	Position	Total Time	Category	Race Number	Age Cat Pos
Dave Daniels	35	18:03	MV50	425	
Mike Elwell	101	21.00	MV55	185	3 <sup>rd</sup> O/A
Ursula Elwell	192	27.21	FM55	184	4 <sup>th</sup> O/A

**Kentmere fell race cat AM 11.9 miles / 3,300ft ascent - Sunday 25th July 2010**

Name	Position	Time	Category	Cat Position
David Malia	46	1.56:30	MV40	19

**Droitwich 10K, midweek summer series – 27th July 2010**

Name	Position	Total Time	Category	Race Number	Cat Position
John Hood	78	44:55	MV50	54	
Danny Piesley	89	45:59	MV40	169	
Mark Woodall	90	46:01	SM	147	
Howard Price	125	49:29	M40	7	

**West Bromwich Harriers 5K, Walsall – 28th July 2010**

Name	Position	Total Time	Category	Race Number	Cat Position
Dave Daniels	9	19:34	MV50	445	1st
Carson Teewdie	14	20:33	SM	38	
Chris Pearson	28	22:50	MV60	556	1st
Mike Elwell	29	22:53	MV50	438	
Terri Powell	53	25:47	FV35	4018	2nd
Ursula Elwell	66	30.47	FM55	4010	1st

