

The Grizzly – 7th March 2010

Name	Position	Time	Category	Race Number
Richard Brooks		4:36:00	MV40	
Carolyn Kelly		4:36:00	SF	

Bath Half Marathon – 7th March 2010

Name	Position	Time	Category	Race Number
Aldo Mussi	625	01:30:34	VM45	1117

Gloucester 20 – 7th March 2010

Name	Position	Time	Category	Race Number
Ursula Elwell	287	03:42:42	L55	260

Moel Wnion 6M Fell Race – 13th March 2010

Name	Position	Time	Category	Cat Position
David Malia	32	01:22:31	o/40	10

Stafford 20 – 14th March 2010

Name	Position	Time	Category	Race Number
Steve Cleary	89	2:34:04	SM	67
Ursula Elwell	283	3:37:27	FV55	407

Kilomathon 26.2K – 14th March 2010

Name	Position	Time	Category	Race Number
Steve Amos	713	02:08:19	O/50 Male	1764
Sarah Collett	958	02:12:10	Female	865
Carolyn Kelly	1344	02:17:36	O/35 Female	1583
Clive Bucknall	1729	02:22:45	O/60 Male	562
Patricia Potter	3717	02:58:51	O/45 : Female	4865

Adidas Silverstone Half Marathon – 14th March 2010

Name	Position	Time	Category	Race Number	Cat Position
Tim Williams	610	1:40:45	M45-49	3864	3
Adrian Garbett	2595	2:00:18	M40-44	3959	260
Nicola Robinson	5502	3:02:32	F18-39	9593	1135

Aran Organic Lamb - Ras yr Aran 10M Fell Race – 20th March 2010

Name	Position	Time	Category	Race Number	Cat Position
David Malia	32	2:03:33	o/40	24	8

Rhayader 20 – 20th March 2010

Name	Position	Time	Category	Race Number
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Steve Cleary	105	2:41:04	OM	211
Richard Brooks	171	2:52:29	M40	51
Sarah Collett	179	2:54:04	OF	557
Paul Orme	226	3:01:06	OM	292
Carolyn Kelly	289	3:12:23	F35	518
Gill Harper	329	3:23:13	F45	556

Ironbridge Half Marathon – 21st March 2010

Name	Position	Time	Category	Race Number
Danny Piesley	154	1:39:24	MV40	734
Richard Heaven	417	1:56:30	MV40	427
Jane Cleary	460	1:59:04	FV40	256
Angela Glover	488	2:01:41	FV45	425

Monte Carlo 10K – 21st March 2010

Name	Position	Time	Category	Race Number
Michael Elwell	142	0:42:48		AO26

Monte Carlo Half Marathon – 21st March 2010

Name	Position	Time	Category	Race Number
Ursula Elwell	547	2:04:34		1732

Scenic 6 mile, Peopleton – 21st March 2010

Name	Position	Time	Category	Race Number	Cat Position
Neil Hale	47	45:16	M55	200	2

Milford 21 – 28th March 2010

Name	Position	Time	Category	Race Number
Richard Brooks	41	3:00.30	M40-49	127
Brian Jones	45	3:02.14	M40-49	119
Paul Connor	88	3:37.02	M50-59	114

The San Domenico 20 Mile Road Race– 28th March 2010

Name	Position	Time	Category	Race Number
Steve Fletcher	113	2:39:03	Male Vet 50-59	759
Paul Orme	121	2:41:35	Senior Male	758
Adam Fletcher	131	2:44:29	Senior Male	770
Adrian Garbett	245	3:25:34	Male Vet 40-49	905
Doug Crowe	266	3:37:42	Male Vet 50-59	760

BMAF Indoor Track & Field Championships – 800m (Final) – 28th March 2010

Name	Position	Total Time	Category	Race Number
Michael Elwell	4	0:02:41.98	MMAC	59

BMAF Indoor Track & Field Championships – 3000m (Final) – 28th March 2010

Name	Position	Total Time	Category	Race Number
Michael Elwell	3	0:12:03.94	MMAC	59

Wrekin 5.5M Fell Race – 28th March 2010

Name	Position	Time	Category	Cat Position
David Malia	26	0:50:18	MV40	4