

**Cannon Hill Park Run, Birmingham, No 15 - 4th December 2010**

Name	Position	Time	Category	Race Number	Cat Position
Mike Elwell	18	23:15	MV55-59		3

**Birmingham Cross Country League Div 3 – Rd 2, Burbage Common, Nuneaton – 4th December 2010**

Name	Position	Time	Category	Race Number	Cat Position
Mike Tovey	19	40:48			
Steve Cleary	26	41:15			
Carson Tweedie	36	42:15			
Dave Daniels	37	42:18			
Dave Hopes	39	42:36			
Andy Rowe	67	44:16			
6 <sup>th</sup> 'A' Team	224 points	Overall 'A' Team	5 <sup>th</sup> - 485 points		
Adrian Marchant	77	44:43			
Chris Pearson	105	47:42			
Mike Elwell	137	53:53			
Steve Fletcher	DNF				

**Midlands Women's Cross Country League – Rd 2, Perry Park, Perry Barr – 4<sup>th</sup> December 2010**

Name	Position	Time	Category	Race Number	Cat Position
Catherine Mayall	133	32:15	FV	795	
Helen Rea	162	34:40	FV	792	
Kristina Newtown	196	37:17	FV	793	
Nicki Davies	229	40:46	FV	794	
29 <sup>th</sup> Team	491 points	Overall Team	26 <sup>th</sup> - 941 points	12 <sup>th</sup> Ladies Masters	Team 419 point

**Cardington Cracker, Shropshire - 4<sup>th</sup> December 2010**

Name	Position	Time	Category	Race Number	Cat Position
David Malia	91	1:46.25	MV45		

**Cannon Hill Park Run, Birmingham, No 16 - 11th December 2010**

Name	Position	Time	Category	Race Number	Cat Position
Chris Pearson	12	21:06	MV60-64	New age record	1
Mike Elwell	20	22:37	MV55-59		2

**Sneyd Pudding Run 10 Mile, Bloxwich – 12th December 2010**

Name	Position	Chip Time	Category	Race Number	Cat Position
Carson Tweedie	65	1:07.59	M	597	
Aldo Mussi	90	1:09.56	MV50	414	
Steve Amos	159	1:17.11	MV50	39	
Mike Elwell	180	1:19.10	MV55	482	
Amy Sheppard	196	1:20.58	F	596	
Howard Price	246	1:25.14	MV40	80	
Ursula Elwell	370	1:37.28	FV55	483	

**Motimer Forest Hill Race, Ludlow - 12<sup>th</sup> December 2010**

Name	Position	Time	Category	Race Number	Cat Position
David Malia	55	1:26.09	MV45	141	

**Cannon Hill Park Run, Birmingham, No 17 - 18th December 2010**

<b>Name</b>	<b>Position</b>	<b>Time</b>	<b>Category</b>	<b>Race Number</b>	<b>Cat Position</b>
Mike Elwell	11	23:21	MV55-59		1
Ursula Elwell	23	30:20	FV55-59		1

**Cannon Hill Park Run, Birmingham, No 18 - 25th December 2010**

<b>Name</b>	<b>Position</b>	<b>Time</b>	<b>Category</b>	<b>Race Number</b>	<b>Cat Position</b>
Mike Elwell	8	23:04	MV55-59		2
Ursula Elwell	31	32:33	FV55-59		3

**Wheaton Aston Roman 10K, - 27th December 2010**

<b>Name</b>	<b>Position</b>	<b>Time</b>	<b>Category</b>	<b>Race Number</b>	<b>Cat Position</b>
Mike Elwell	146	47:55	MV55	367	
Ursula Elwell	316	62:10	FV55	366	