

**Lister Park Run, Bradford, No 40 – 5th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Chris Pearson	10	22:03	MV60-64		1

**Cannon Hill Park Run, Birmingham, No 24 - 5th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Carson Tweedie	16	19:05	SM35-39		4
Steve Cleary	17	19:14	SM35-39		5

**Northern Masters Indoor Open Track 800mts, Sheffield - 5th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Mick Elwell	6	2:51.50	MV60	32	3

**Northern Masters Indoor Open Track 3000mts, Sheffield - 5th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Mike Elwell	7	12:51.19	MV60	32	3

**Carding Mill Canter Fell Run, Church Stretton, - 5th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
David Malia	29	52:51	MV45	709	4

**Stourbridge Stagger – Stourbridge, – 6<sup>th</sup> February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Julian Hart	44	1:17.47	M40	317	
Neil Hale	98	1:23.47	M50	326	
Steve Amos	113	1:25.25	M50	4	
Dan Perry	133	1:27.36	SM	117	
Paul Conner	214	1:34.06	M50	273	
Jenny Pledger	270	1:39.23	SL	461	
Scott Taylor	271	1:39.23	SM	174	

**Centurion Grand Prix Series incl Midland Masters Road Running Handicaps, Kingshurst – 6th February 2011**

Name	Position	Time	Category	Race Number	Handicap Pos
Mike Elwell	84	39:50	MV60	5	6
Ursula Elwell	135	51:47	FV55	7	12

**Grovelands Park Run, Enfield, No 27 – 12th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Mike Elwell	14	22:44	MV60-55		1
Ursula Elwell	69	31:27	FV55-59		1

**41<sup>st</sup> Tiso Carnethy 5 Hill Race, Penicuik, Scotland - 12th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
David Malia	128	1:08.48	MV40	413	

**Midlands Women's Cross Country League – Rd 4, Cofton Park, – Birmingham – 12<sup>th</sup> February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Amy Sheppard	120	36:28		91	
Jill Hall	123	36:38	V	300	
Helen Rea	139	37:55	V	298	
Kristina Newton	140	37:57	V	299	
Liz Macklin	170	42:05	V	92	
Sally Cockcroft	175	42:58	V	314	
26 <sup>th</sup> Team	382 points		Masters Team	15 <sup>th</sup> - 402 points	

**Birmingham Cross Country League Div 3 – Rd 4, Stafford Common, Stafford – 12<sup>th</sup> February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Carson Tweedie	26	42:34			
Mike Tovey	28	42:42			
Dave Daniels	31	43:07			
Dave Hopes	44	44:01			
Aldo Mussi	51	44:56			
Steve Cleary	53	45:00			
5 <sup>th</sup> 'A' Team	233 points		Overall 'A' Team	6 <sup>th</sup> - 956 points	
Andy Rowe	68	46:11			
Steve Fletcher	82	47:00			
Neil Hale	101	48:33			
Chris Pearson	99	49:04			
Ian Robinson	117	50:35			

**Wyre Forest 8, , – 13th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Sally Folkes	170	81:30	FV45	86	5

**VAC Indoor Open Track Championships 800mts, Lee Valley, Enfield - 13th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Mick Elwell	6	2:55.86	MV60	147	Bronze

**VAC Indoor Open Track Championships 1500mts, Lee Valley, Enfield - 13th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Mike Elwell	6	6:09.50	MV60	147	Bronze

**Cannon Hill Park Run, Birmingham, No 26 - 19th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Alan Davies	65	24:31	MV45-49		9
Nicki Davies	75	26:29	FV45-49		1

**English National Cross Country Championships – Alton Towers, Staffordshire – 19<sup>th</sup> February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Carson Tweedie	818	52:44		6540	
Steve Cleary	838	53:09		6535	
Dave Daniels	860	53:32		6536	
Andy Rowe	1041	57:58		6539	
Mike Elwell	1214	64:56		6537	

**Grovelands Park Run, Enfield, No 29 – 26th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Mike Elwell	8	22:27	MV60-65		1
Ursula Elwell	44	30:07	FV55-59		1

**British Masters Indoor Open Track Championships 1500mts, Lee Valley, Enfield - 26th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Mike Elwell	6	6:00.59	MV60	333	6

**Action Heart 5 – Dudley – 27<sup>th</sup> February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Steve Cleary	28	31:35	SM	295	
Elliott Lynch	29	31:39	SM	347	
Andy Rowe	70	34:47	M40	418	
Neil Hale	71	34:51	M50	341	
Chris Pearson	85	36:12	M60	445	2
Alan Davies	166	40:35	M40	127	
Melanie Allison	176	40:53	F35	387	
Elizabeth Macklin	193	41:47	SF	280	
Rachel Macklin	212	42:34	SF	333	
Meg Owen	228	43:13	SF	7	
Nicki Davies	268	44:38	F35	128	
Sally Folkes	302	45:37	F35	33	

**Milford 21 Cross Country – Cannock – 27<sup>th</sup> February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Kristina Newton	89	3:29.39	W55-64	133	1
Paul Conner	104	3:48.19	M50-59	106	

**British Masters Indoor Open Track Championships 800mts, Lee Valley, Enfield - 27th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Mike Elwell	DNF		MV60	333	

**British Masters Indoor Open Track Championships 3000mts, Lee Valley, Enfield - 27th February 2011**

Name	Position	Time	Category	Race Number	Cat Position
Mike Elwell	DNS	2:55.86	MV60	333	