

Cannon Hill Park Run, Birmingham, No 19 – 1st January 2011

Name	Position	Time	Category	Race Number	Cat Position
Chris Pearson	12	21:31	MV60-64		1
Mike Elwell	22	23:15	MV55-59		3

Cannon Hill Park Run, Birmingham, No 20 - 8th January 2011

Name	Position	Time	Category	Race Number	Cat Position
Mike Tovey	10	19:44	MV40-44		1
Mike Elwell	34	22:39	MV55-59		2
Alan Davies	57	25:04	MV45-49		4
Nicki Davies	79	28:18	FV45-49		1
Ursula Elwell	95	30:44	FV55-59		3

Cannock Trig Points Race, Milford - 9th January 2011

Name	Position	Time	Category	Race Number	Cat Position
David Malia	37	2:20.12	MV45	18	10

Gloucester 10 mile, Gloucester - 9th January 2011

Name	Position	Time	Category	Race Number	Cat Position
Sarah Collet	99	1:21.27	SF	990	
Gill Harper	147	1:28.50	FV45	992	
Clive Bucknall	147	1:28.52	MV60	991	

Blymhill Village 10k MT, Shropshire - 9th January 2011

Name	Position	Time	Category	Race Number	Cat Position
Carson Tweedie	19	44:44	SM	1871	
Julian Hart	35	46:40	MV40	1782	
Dan Perry	83	53:24	SM	1704	
Amy Sheppard	87	53:49	SF	1872	
Carolyn Kelly	196	65:54	FV35	1900	

Cannon Hill Park Run, Birmingham, No 21 - 15th January 2011

Name	Position	Time	Category	Race Number	Cat Position
Mike Elwell	36	22:50	MV55-59		2
Alan Davies	55	24:47	MV45-49		8
Sally Cockcroft	61	25:32	FV45-49		2
Ursula Elwell	89	29:18	FV55-59		1

Midlands Women's Cross Country League – Rd 3, Wyken Croft Park, Coventry – 15th January 2011

Name	Position	Time	Category	Race Number	Cat Position
Amy Sheppard	118	31:31		101	
Kristina Newton	138	33:07	FV	270	
Helen Rea	147	34:05	FV	269	
Judith Westwood	178	36:10	FV	271	
27 th Team	403 points	Overall Team	26 th - 1344 points	17 th Ladies Masters	463 points

Birmingham Cross Country League Div 3 – Rd 3, Wyken Croft Park, Coventry – 15th January 2011

Name	Position	Time	Category	Race Number	Cat Position
Carson Tweedie	27	38:48			
Mike Tovey	30	39:00			
Dave Daniels	36	39:30			
David Malia	37	39:32			
Steve Cleary	40	39:39			
Steve Fletcher	68	41:25			
6 th 'A' Team	238 points	Overall 'A' Team	5 th - 723 points		
Aldo Mussi	71	41:33			
Andy Rowe	82	42:15			
Chris Pearson	99	43:19			
Mike Elwell	150	48:45			

Not the Roman XI, Stradford on Avon, – 16th January 2011

Name	Position	Time	Category	Race Number	Cat Position
Steve Amos	188	57:27	MV50	11	25
Sally Cockcroft	317	1:03.28	FV45	123	12

Cannon Hill Park Run, Birmingham, No 22 – 22nd January 2011

Name	Position	Time	Category	Race Number	Cat Position
Mike Tovey	15	18:36	MV40-44		1
Steve Cleary	23	19:27	SM35-39		4
Mike Elwell	53	22:51	MV55-59		5
Alan Davies	68	24:05	MV45-49		7
Nicki Davies	79	26:48	FV45-49		3
Ursula Elwell	95	30:40	FV55-59		2

Midland Masters Cross Country Men's 8K Championships, Droitwich, – 23rd January 2011

Name	Position	Time	Category	Race Number	Cat Position
Dave Daniels	25	35:27	MV55		2
Chris Pearson	42	40:10	MV60		5
Mike Elwell	47	43:22	MV55	95	9
		1 st M 55-64 Team			

Midland Masters Cross Country Women's 6K Championships, Droitwich, – 23rd January 2011

Name	Position	Time	Category	Race Number	Cat Position
Ursula Elwell	19	46:18	FV55	788	3

Cannon Hill Park Run, Birmingham, No 23 – 29th January 2011

Name	Position	Time	Category	Race Number	Cat Position
Mike Tovey	15	18:53	MV40-44		1
Steve Cleary	17	19:02	SM35-39		5
Mike Elwell	46	22:20	MV60-65		2
Alan Davies	71	23:56	MV45-49		7
Nicki Davies	98	27:14	FV45-49		5
Ursula Elwell	114	29:55	FV55-59		3

Turkey Trot 5M, Wolverhampton, – 30th January 2011

Name	Position	Time	Category	Race Number	Cat Position
Catherine Mayall	105	38:58	F35	509	
Howard Price	107	39:04	M40	284	

Shifnal Gallop 10K MT, Shifnal, – 30th January 2011

Name	Position	Time	Category	Race Number	Cat Position
Carson Tweedie	14	39:37	M35	197	2
Amy Sheppard	39	47:51	F	198	4