

Worcestershire Mid-Week Series – Race 1

Becci Slade – 17/5/2018

Last night (16th May) I took part in my first Worcestershire Mid Week Series race. This was race number 1 in the series and it was 10k in my neck of the woods around Hagley.

There were 3 COBRAs representing Steve C, Joan and myself. Steve and Joan were at the front but I made my way to the safe ground in the middle of the pack.

It was a lovely evening and the ground through the woods was dry which made for easier running, (much better than it was for the Stagger) even the sand was compacted by the time I got there. It was a two lap course which seemed to fly by. I picked a lady from Bournville Harriers who was wearing a pink cap as my target. She was just a bit ahead of me, unfortunately she got ahead of me down the last single track bit and I couldn't catch her. I did have a little sprint finish with a Stourbridge runner though down the finishing straight.

It was well marshalled and well supported.

It does sometimes feel a bit intimidating when you turn up to a race and everyone is in their club tops. Even wearing my COBRA top I still feel it but everyone just runs at their own pace and is supportive regardless of where you come. This is what I love about running.

Anyway preachy running bit over. I have no idea of the results as they haven't been published yet but if you're interested I'm sure they will be soon.

The next race is at Arrow Valley on the 13th June and is 12k. Would be great to see some more COBRAs out there.